



Female on bum, legs out one behind the other. Man on hip, legs to one side, get them very very close, raise man if necessary. Children on lap, or kneeling round the back.



Variation on the first pose, move person from behind to the front. Legs out to the side to match person on other side.



Heavier or stronger people on ground, very close leaving no gap, arms folded. Lighter people on top get in close, heads together.



Man on ground, rolled onto hip, leg out, other leg tucked in to make lap. Woman on front through mans arm, needs to come forward. Child on lap, other person legs to one side



Variation on previous pose. Move person to back, coming high and leaning in. Woman moves legs diagonally brings feet up and crosses them.



When low chair or stool available, sit man down, woman seated on hip, arm leaning on man. Spread children or other people around.



Using a bench. Man on arm, woman turned to side leaning on mans legs. Child on back of bench, other child on bench turned to side. Taller adults at back (turn them in.) or at other end of bench



Combine standing with sitting, shorter people / children should stand. Adults seated, woman leaning on man. Find something for them to lean against

- Different head heights
- Turn people to one side
- Generally sit people on hip
- Women lean on men
- Anyone at back should come as far forward as possible